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Presentation Overview



- Today's presentation:
 - Provides an overview of current City of San Antonio investments in Mental Health Initiatives
 - Feedback from Youth Commission that will be used to develop a proposed plan

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Impact of Mental Health

- 1 in 5 adults experience mental illness each year
- 1 in 25 adults experience serious mental illness each year
- 50% of mental illness begins by age 14 and 75% by age 24
- 25% of prisoners in the local jail have a mental health illness
- 20-25% of the homeless population have a mental illness
- There has been a 51% increase in suicide attempts by young people during the pandemic

Source:

- US Department of Health and Human Services Substance Abuse and Mental Health Services Administration ([samhsa.gov](https://www.samhsa.gov))
- National Library of Medicine (ncbi.nlm.nih.gov)



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COVID-19 and Mental Health

- The number of people experiencing mental health challenges has grown significantly, illustrating further implications from the on-going COVID-19 pandemic
- According to the 2021 [State of Mental Health in America](#) report, there has been a 1.5 million increase of people in the U.S. living with a mental health condition— bringing the overall number to 19% or 47.1 million of people nationwide
- Additionally, a new [Commonwealth Fund report](#) cites provisional data reflecting a new high in drug overdose deaths.

Source: National League of Cities

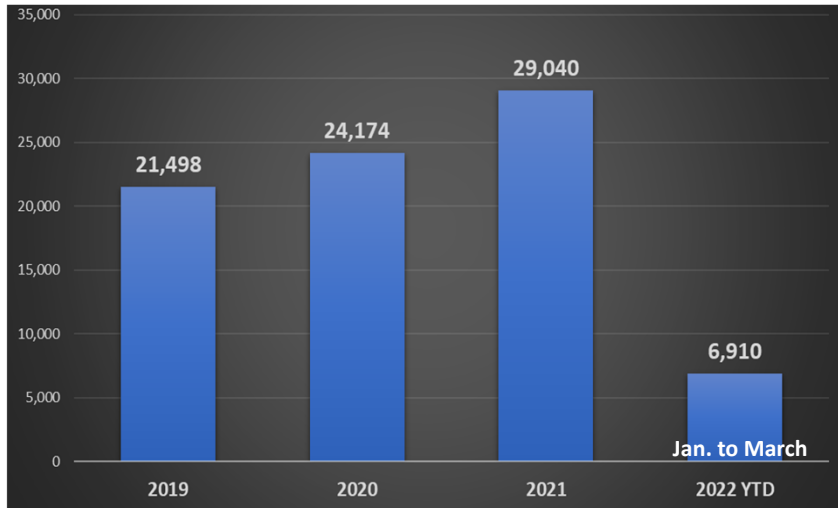
By: Sue Polis, Stephanie Martinez-Ruckman, Anne Li



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SAPD 911 Mental Health Calls Statistics



- 911 Mental health calls increased **12.4%** in 2020 compared to 2019
- 911 Mental health calls increased **20.1%** in 2021 compared to 2020



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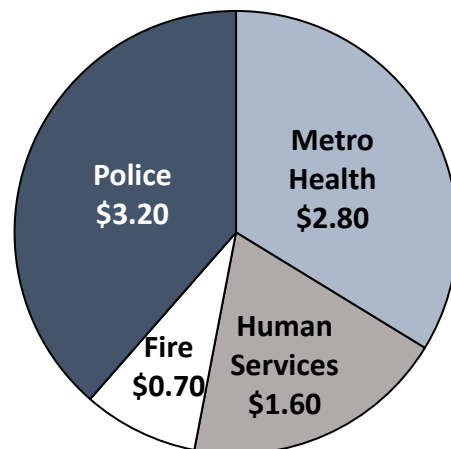
Mental Health Investments City's FY 2022 Budget - \$8.3 Million

Funding Sources

Source	Amount (\$ in Millions)
General Fund	\$3.3
Federal Grants	4.5
STRAC Grant	0.5
Total	\$8.3



Departments



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Mental Health Initiatives

City's FY 2022 Budget - \$8.3 Million

Cognitive Behavioral Therapy for Children and Youth \$1.3 Million Metro Health	Center for Excellence in Trauma Informed Care \$0.49 Million Metro Health	Project Worth Teen Ambassador Program \$0.17 Million Metro Health	SACORE Multidisciplinary Team \$1.7 Million Metro Health, Fire & Police
Integrated Treatment Program at Heaven for Hope \$0.9 Million Human Services	Mental Health Services for Homeless Outreach & Grief Counseling \$0.42 Million Human Services	Program for Intensive Care Coordination (PICC) \$0.54 Million Fire & Police	Mental Health Unit \$2.83 Million Police & Human Services

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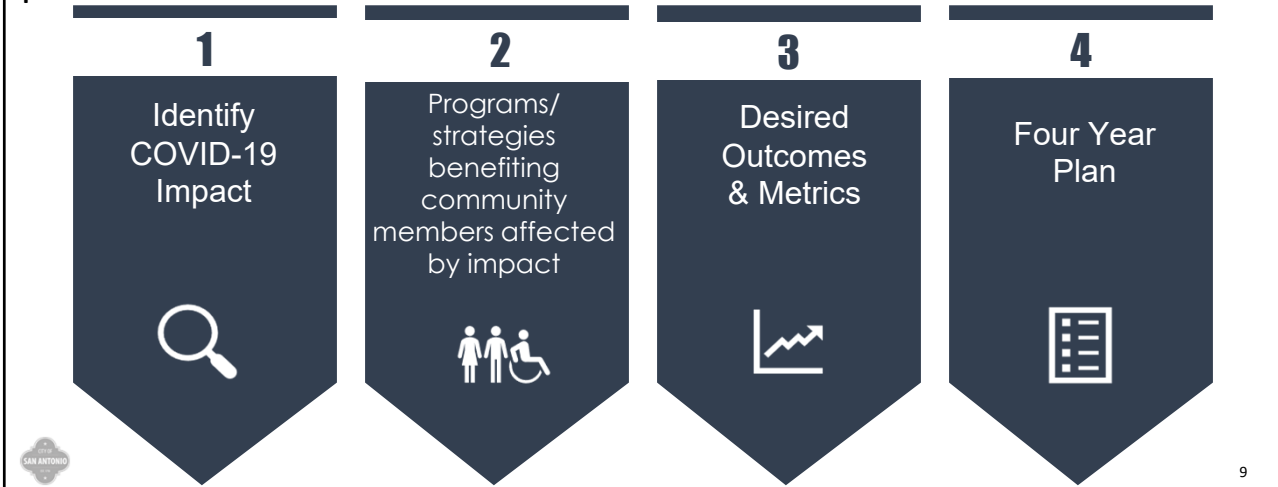
Preliminary Feedback

- Expand pre-crisis services
- Direct 911 calls to appropriate level of care
- Access to Care and additional beds
- Youth Suicide Prevention
- Children, Adults, and Senior Mental Health

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ARPA Mental Health Plan Development

Council Committee provides policy direction to City staff to develop a plan that:



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Plan Components: For Discussion

COVID-19 Impact	Program/Strategies	Equitable Outcomes	Performance Indicators	Amount
Increase on mental health crisis as evidenced by the increase in 911 calls	<ul style="list-style-type: none"> Direct 911 Calls to the appropriate level of care Provide a number or option within 911 system where San Antonians can call when experiencing a mental health crisis 			
Increased prevalence of anxiety & depressive disorder	<ul style="list-style-type: none"> Community/Pre-Crisis services that focus on reducing Stigma, increasing Access to care, and expanding Treatment options Increase access to treatment for mental health and substance use disorders for children and adults Cognitive Behavioral Therapy for children and youth 			
Increased social isolation, self harm & suicide among youth	<ul style="list-style-type: none"> Increase access to treatment for mental health and substance use disorders for youth Project Worth Student Ambassador Program 			

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Preliminary Timeline

April 2022 Public Safety Committee Meeting Policy Direction	June 2022 Public Safety Committee Meeting Staff presents Draft Plan for Committee's input
May 2022 Public Safety Committee Meeting Staff Presents Draft programs/strategies with outcomes and metrics for Committee's input	August/September 2022 Public Safety Committee Meeting Committee approves recommended plan City Council "A" Session City Council approves plan



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AMERICAN RESCUE PLAN ACT (ARPA)

Mental Health

Youth Commission

May 7, 2022

Presented by: Maria Villagómez, Deputy City Manager

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